

Northwest Suburban Conference Championships Girls at Irondale High School May 23-25, 2017

TEAM SCORES Scored 10-8-6-5-4-3-2-1

1	Anoka	84.5
2	Blaine	77.8
3	Elk River	76.0
4	Robbinsdale Armstrong	70.0
5	Coon Rapids	64.0
6	Champlin Park	58.0
7	Centennial	56.0
8	Maple Grove	51.0
9	Irondale	49.8
10	Osseo	39.5
11	SpringLkPk/St Anthony	36.5
12	Andover	20.0
13	Park Center	12.0
14	Totino-Grace	5.0

100 Meter Dash

Round 1, Heat 1

1	Noelle Josephson, 11, Anoka	12.97Q
2	Adaeze Udalla, 8, Elk River	13.16q
3	Olivia Salzwedel, 11, SpringLkPk/St Anthony	13.31
4	Natalie Anderson, 11, Osseo	13.65
5	Laura Carmago, 8, Maple Grove	13.96
6	Sydney Farber, 9, Andover	13.97
7	Savanna Driskell, 10, Centennial	14.16

Round 1, Heat 2

1	Brielle Clarke, 11, Coon Rapids	12.83Q
2	Carissa Ellison, 12, Anoka	13.34
3	Elaina Maass, 8, Elk River	13.54
4	Monique Kai, 11, Andover	13.79
5	Sydney Eckert, 9, Champlin Park	13.88
6	Chloe Cink, 8, Park Center	14.08
7	Claire Alexander, 9, Irondale	14.75

Round 1, Heat 3

1	Aidan Senior, 10, Anoka	12.89Q
2	Esther Stoy, 11, Blaine	13.24q
3	Akayma Kennedy, 8, Osseo	13.34
4	Neveah Kirk, 7, Elk River	13.99
5	Isabella Brant, 8, Maple Grove	14.03
6	Nicole Clark, 12, Centennial	14.05
7	Kelsey Kallio, 9, Andover	14.22

Round 1, Heat 4

1	Jazmyn McClellon, 8, Robbinsdale Armstrong	13.35Q
2	Zainab Oba, 11, Osseo	13.54
3	Naomi Witherspoon, 11, Park Center	14.10
4	Marianna Blesi, 12, Coon Rapids	14.22
5	Jacinda Phan, 12, Irondale	14.24
6	Avery Donovan, 9, Champlin Park	14.27
7	Elizabeth Connolly, 9, Totino-Grace	15.58

Round 1, Heat 5

1	Maureen Obwogi, 10, Blaine	13.28Q
2	Jer-Mujah DuBois, 9, Champlin Park	13.46
3	Rory Ruotsinoja, 7, Coon Rapids	13.85
4	Allison Pitlick, 9, Centennial	13.87
5	Tori LaBerge, 7, SpringLkPk/St Anthony	13.96
6	Katherine Cannon, 9, Robbinsdale Armstrong	14.22
7	Olivia Brunn, 9, Totino-Grace	15.70

Round 1, Heat 6

1	Phoebe Carson, 10, Blaine	13.06Q
2	Mikayla Whiteford, 10, Maple Grove	13.29
3	Mya Erickson-Thrawl, 9, Robbinsdale Armstrong	13.41

4 Addison Stephani, 7, SpringLkPk/St Anthony	13.76
5 Jena Forseth, 11, Totino-Grace	14.02
6 Mykaah Yankaway, 10, Irondale	14.30
7 Azia Carter, Park Center	14.60
Final	
1 Brielle Clarke, 11, Coon Rapids	12.48
2 Noelle Josephson, 11, Anoka	12.90
3 Jazmyn McClellon, 8, Robbinsdale Armstrong	13.001
4 Phoebe Carson, 10, Blaine	13.006
5 Esther Stoy, 11, Blaine	13.022
6 Adaeze Udalla, 8, Elk River	13.030
7 Aidan Senior, 10, Anoka	13.06
8 Maureen Obwogi, 10, Blaine	13.08
200 Meter Dash	
Round 1, Heat 1	
1 Noelle Josephson, 11, Anoka	26.22Q
2 Claire Floersch, 11, Robbinsdale Armstrong	27.26q
3 Ellen-George Jackson, 11, Maple Grove	27.31
4 Ashley Cordero, 12, Totino-Grace	27.36
5 Alexi Stephani, 9, SpringLkPk/St Anthony	28.06
6 Jacinda Phan, 12, Irondale	28.79
7 Naomi Witherspoon, 11, Park Center	28.82
Round 1, Heat 2	
1 Lauryn Samuel, 10, Champlin Park	26.29Q
2 Heather Khieu, 9, Maple Grove	27.67
3 Jazmyn McClellon, 8, Robbinsdale Armstrong	27.83
4 Elaina Maass, 8, Elk River	27.98
5 Jamirah Powell, 11, Park Center	28.14
6 Kelsey Kallio, 9, Andover	28.67
7 Rachel McLaughlin, 11, Totino-Grace	29.62
Round 1, Heat 3	
1 Kyra Scales, 9, Blaine	27.10Q
2 Ashley Ebeling, 12, Centennial	27.70
3 Megan Foht, 11, Totino-Grace	29.60
Round 1, Heat 4	
1 Brielle Clarke, 11, Coon Rapids	26.62Q
2 Mikayla Whiteford, 10, Maple Grove	27.22q
3 Megan McKenzie, 11, Blaine	27.28
4 Olivia Lovick, 9, Centennial	27.91
5 Madysen Olson, 12, Champlin Park	28.34
6 Natalie Anderson, 11, Osseo	28.45
7 Ashley Veillette, 9, Irondale	30.43
Round 1, Heat 5	
1 Kalaina Verdict, 12, Coon Rapids	26.41Q
2 Olivia Salzwedel, 11, SpringLkPk/St Anthony	27.37
3 Natalia Valnes, 10, Blaine	27.66
4 Dejah Jenkins, 10, Champlin Park	27.81
5 Jennifer Bobaric, 10, Andover	28.14
6 Julia Kramer, 10, Elk River	28.58
7 Adalina Harsch, 9, Irondale	31.04
Round 1, Heat 6	
1 Aidan Senior, 10, Anoka	26.81Q
2 Rory Ruotsinoja, 7, Coon Rapids	28.13
3 Claire Orth, 11, Centennial	28.15
4 Ava Grimm, 10, Elk River	28.20
5 Destiny Kromah, 10, Osseo	28.60
6 Rachael Ukestad, 9, Robbinsdale Armstrong	29.66
7 Emily Schildhauer, 10, Andover	30.24
Final	
1 Brielle Clarke, 11, Coon Rapids	25.94
2 Noelle Josephson, 11, Anoka	26.10
3 Lauryn Samuel, 10, Champlin Park	26.17

4	Kalaina Verdict, 12, Coon Rapids	26.33
5	Kyra Scales, 9, Blaine	27.35
6	Mikayla Whiteford, 10, Maple Grove	27.472
7	Claire Floersch, 11, Robbinsdale Armstrong	27.482
	Aidan Senior, 10, Anoka	DNC
400 Meter Dash		
Round 1, Heat 1		
1	Olivia Stensvad, 10, Champlin Park	63.18Q
2	Elli Corbin, 12, Maple Grove	63.53
3	Molly Domsten, 10, SpringLkPk/St Anthony	65.17
4	Gabriella McDonald, 9, Totino-Grace	66.81
5	Courtney Killian, 10, Coon Rapids	67.34
6	Audrey Schumacher, 10, Robbinsdale Armstrong	67.99
	Feyisayo Ayobamidele, 12, Park Center	DNC
	Steph Samouka, 8, Osseo	DNC
Round 1, Heat 2		
1	Jolene Daninger, 12, Andover	60.99Q
2	Emily Mulberry, 11, Centennial	62.64q
3	Mina Merrick-Melberg, 9, Anoka	66.42
4	Abigail Glancey, 9, Totino-Grace	68.05
5	Amira Aladetan, 9, Park Center	68.72
	Frankie Lumb, 9, Osseo	DNC
	Alexa Engebretson, 9, Elk River	DNC
	Rinchen Sakya, 9, Irondale	DNC
Round 1, Heat 3		
1	Aidan Senior, 10, Anoka	59.56Q
2	Claire Orth, 11, Centennial	62.57q
3	Emma Berge, 9, Champlin Park	63.57
4	Emily Fleek, 12, Blaine	64.44
5	Siera Combo, 12, Maple Grove	65.41
6	Lexa Davis, 8, Osseo	66.29
7	Lindsey Winter, 11, Robbinsdale Armstrong	70.60
	Farah Ahmed-Bahgat, 10, Irondale	DNC
Round 1, Heat 4		
1	Lauryn Samuel, 10, Champlin Park	61.29Q
2	Jacqueline Folz, 10, Blaine	63.89
3	Tachney Ruprecht, 12, Andover	64.63
4	Tianna Falconer, 12, Coon Rapids	64.84
5	Nicole Snezhko, 9, Robbinsdale Armstrong	66.80
6	Lauren Letnes, 9, Irondale	68.48
7	Ellen Vaillant, 12, Anoka	71.65
8	Makala Hayes, 12, Park Center	73.28
Round 1, Heat 5		
1	Mackenzie McDonald, 9, Centennial	62.54Q
2	Sophia Clark, 10, SpringLkPk/St Anthony	62.73q
3	Hope Hutchinson, 9, Maple Grove	65.39
4	Cara Shepard, 10, Blaine	65.74
5	Rah'quel Smith, 10, Coon Rapids	68.40
6	Neveah Kirk, 7, Elk River	70.12
7	Emily Lafeber, 9, Totino-Grace	71.70
	Grace Kelly, 10, Andover	DNC
Final		
1	Jolene Daninger, 12, Andover	59.73
2	Mackenzie McDonald, 9, Centennial	61.30
3	Lauryn Samuel, 10, Champlin Park	61.40
4	Claire Orth, 11, Centennial	61.95
5	Sophia Clark, 10, SpringLkPk/St Anthony	62.18
6	Olivia Stensvad, 10, Champlin Park	62.821
7	Emily Mulberry, 11, Centennial	62.825
	Aidan Senior, 10, Anoka	DNC

800 Meter Run

Round 1, Heat 1

1 Taylor Krone, 11, Anoka	2:17.70Q
2 Madison Schmidt, 9, Blaine	2:21.44Q
3 Michelle Meyer, 12, Irondale	2:21.66Q
4 Lucy Anderson, 10, Robbinsdale Armstrong	2:27.79
5 Madelyn Christian, 7, Elk River	2:30.43
6 Sydney Paulson, 11, Anoka	2:31.65
7 Rachel Zastoupil, 9, Totino-Grace	2:35.87
8 Sydney Heimer, 11, Champlin Park	2:37.43
9 Kylie Ruprecht, 10, Maple Grove	2:42.30
10 Ema Vechar, 10, Coon Rapids	2:47.39
11 Taryn Richard, 9, SpringLkPk/St Anthony	2:48.55
12 Asma Gamam, 12, Coon Rapids	2:48.76
13 Kendrea Friday, 10, Park Center	3:10.72
Rebekah Weimholt, 9, Coon Rapids	DNC

Round 1, Heat 2

1 Isabelle Brezinka, 12, Anoka	2:22.74Q
2 Emma Fournier, 8, Maple Grove	2:24.69Q
3 Maria Brown, 12, Elk River	2:24.72Q
4 Elizabeth Peterson, 12, Robbinsdale Armstrong	2:24.93q
5 Stephanie Lewis, 10, Blaine	2:26.37q
6 Lauren Johnson, 10, Andover	2:33.03
7 Sammy Strootman, 12, Osseo	2:34.10
8 Sydney Crandall, 10, Champlin Park	2:41.62
9 Avery Thompson, 9, Centennial	2:41.85
10 Sarah Ellis, 9, Totino-Grace	2:46.61
11 Amelia Lund, 10, Champlin Park	2:53.79
12 Alysse Defoe, 12, Andover	2:56.79
13 Jennifer Mikkola, 9, Park Center	2:58.00
Kaitlyn Finnegan, 7, SpringLkPk/St Anthony	DNC

Round 1, Heat 3

1 Jena Hauch, 12, Maple Grove	2:22.41Q
2 Aria Burgess, 9, Centennial	2:24.20Q
3 Audrey Neuerburg-Chapma, 8, Elk River	2:24.37Q
4 Emily Brown, 12, Blaine	2:25.58q
5 Elizabeth Axberg, 12, Irondale	2:26.77
6 Maria Doku, 12, Irondale	2:32.04
7 Joanna Lee, 12, Osseo	2:37.92
8 Lauren Sanderson, 9, Osseo	2:41.77
9 Morgen Dempsey, 12, SpringLkPk/St Anthony	2:43.16
10 Anna Gess, 9, Centennial	2:46.39
11 Lauren Janowiec, 11, Andover	2:49.66
12 Kaitlyn Mattox, 10, Totino-Grace	2:55.24
13 Britta Evenson, 10, Robbinsdale Armstrong	3:06.86
14 Kulle Hassan, 11, Park Center	3:09.43

Final

1 Taylor Krone, 11, Anoka	2:19.13
2 Isabelle Brezinka, 12, Anoka	2:19.24
3 Jena Hauch, 12, Maple Grove	2:20.28
4 Madison Schmidt, 9, Blaine	2:20.88
5 Maria Brown, 12, Elk River	2:23.14
6 Emma Fournier, 8, Maple Grove	2:23.61
7 Elizabeth Peterson, 12, Robbinsdale Armstrong	2:24.07
8 Emily Brown, 12, Blaine	2:24.51
9 Stephanie Lewis, 10, Blaine	2:26.87
10 Audrey Neuerburg-Chapma, 8, Elk River	2:27.62
11 Aria Burgess, 9, Centennial	2:30.34
Michelle Meyer, 12, Irondale	DNC

1600 Meter Run

1 Norah Trost, 7, Maple Grove	5:22.06	H2
2 Sara Moen, 12, Centennial	5:22.38	H2

3	Audrey Neuerburg-Chapma, 8, Elk River	5:24.69	H2
4	Ellen Mickelson, 11, Blaine	5:27.34	H2
5	Maria Kalkman, 12, Anoka	5:29.39	H2
6	Avery Erickson, 8, Maple Grove	5:31.73	H2
7	Maria Brown, 12, Elk River	5:33.18	H2
8	Sarina Lindell, 11, Champlin Park	5:34.02	H2
9	Elizabeth Vanloon, 7, Irondale	5:34.06	H2
10	Diana Glebova, 12, Champlin Park	5:36.94	H2
11	Haily Gislason, 10, Blaine	5:39.70	H2
12	Elizabeth Donner, 9, Andover	5:41.16	H1
13	Sarah Olson, 10, Blaine	5:42.34	H2
14	Elizabeth Mattson, 10, Park Center	5:42.39	H1
15	Leah Rudd, 10, Robbinsdale Armstrong	5:44.06	H2
16	Jena Wachowiak, 12, Champlin Park	5:44.93	H1
17	Hope Kanenwisher, 7, Elk River	5:45.18	H2
18	Brianna Fischer, 12, Anoka	5:45.69	H1
19	Sarah Eichstadt, 9, Coon Rapids	5:46.72	H2
20	Lindsey Young, 7, Maple Grove	5:46.90	H2
21	Skylar Sandin, 11, Andover	5:47.87	H1
22	Jenna Terrio, 9, SpringLkPk/St Anthony	5:52.83	H2
23	Rachel Zastoupil, 9, Totino-Grace	5:56.92	H1
24	Lia Gentilini, 11, Centennial	5:57.87	H1
25	Annika Beuning, 9, Centennial	5:58.46	H1
26	Camille Corniea, 9, Osseo	6:02.42	H1
27	Alexa Havon, 10, Andover	6:03.24	H2
28	Delaney Butler, 11, Anoka	6:03.40	H1
29	Carlene Neuville, 9, Robbinsdale Armstrong	6:03.54	H1
30	Lily Saddoris, 10, SpringLkPk/St Anthony	6:04.74	H1
31	Taylor Cristen, 12, Osseo	6:06.45	H1
32	Sarah Heuss, 9, Irondale	6:09.22	H1
33	Emma Curran, 11, SpringLkPk/St Anthony	6:15.93	H1
34	Emily Christensen, 12, Robbinsdale Armstrong	6:17.20	H1
35	Abigail Ellenbecker, 9, Coon Rapids	6:20.07	H1
36	Becca Luebke, 10, Osseo	6:21.26	H1
37	Kari McKay, 9, Irondale	6:22.97	H1
38	Abby Beaver, 12, Park Center	6:29.48	H1
	Bryna DelCastillo, 12, Coon Rapids	DNC	H2

3200 Meter Run

1	Elizabeth Vanloon, 7, Irondale	11:41.25	H2
2	Alli Becker, 10, Anoka	12:03.65	H2
3	Diana Glebova, 12, Champlin Park	12:06.03	H2
4	Riley Allison, 10, Maple Grove	12:10.42	H2
5	Ellen Mickelson, 11, Blaine	12:11.56	H2
6	Jena Wachowiak, 12, Champlin Park	12:16.88	H2
7	Maria Kalkman, 12, Anoka	12:21.19	H2
8	Elizabeth Mattson, 10, Park Center	12:23.16	H2
9	Alliana Houfek, 12, Osseo	12:25.91	H2
10	Julia Nielsen, 10, Andover	12:27.18	H2
11	Sarina Lindell, 11, Champlin Park	12:30.66	H2
12	Jenna Terrio, 9, SpringLkPk/St Anthony	12:36.74	H2
13	Taylor Cristen, 12, Osseo	12:37.52	H2
14	Hope Kanenwisher, 7, Elk River	12:40.94	H1
15	Madeline Greelis, 9, Andover	12:42.04	H2
16	Haily Gislason, 10, Blaine	12:42.95	H2
17	Emily Ries, 9, Maple Grove	12:43.06	H2
18	Sarah Olson, 10, Blaine	12:45.78	H2
19	Julie Hedlund, 7, Coon Rapids	12:47.87	H1
20	Annica Carr, 10, Elk River	12:47.91	H1
21	Makayla Leuthold, 8, Elk River	12:49.66	H1
22	Maren Strootman, 12, Osseo	12:55.19	H1
23	Lia Gentilini, 11, Centennial	12:56.53	H1
24	McKendra Long, 10, Centennial	12:58.04	H1

25	Margo Heuisler, 9, Robbinsdale Armstrong	13:10.38	H1
26	Mio Aoki-Sherwood, 8, Robbinsdale Armstrong	13:12.35	H1
27	Anna Manson, 10, SpringLkPk/St Anthony	13:19.22	H1
28	Madie Beaver, 10, Park Center	13:22.31	H1
29	Maggie McAlister, 8, Robbinsdale Armstrong	13:27.27	H1
30	Hanna Jack, 10, Centennial	13:29.46	H1
31	Katelyn Gasperlin, 3, Totino-Grace	13:32.59	H1
32	Olivia Ellenbecker, 10, Coon Rapids	13:40.92	H1
33	Keturena Henrich, 9, Andover	13:54.37	H1
34	Kara Klingenberg, 12, Coon Rapids	14:07.10	H1
35	Hannah Teff, 8, Irondale	14:11.48	H1
36	Veronica Kuffel, 11, Totino-Grace	14:39.71	H1
37	Anna Hanson, 9, Totino-Grace	14:45.17	H1
	Madeline Rowe, 11, Anoka	DNC	H1
	Ava Leneau, 9, Maple Grove	DNC	H2

100 Meter Hurdles

Round 1, Heat 1

1	Julia Hayes, 11, Irondale	15.08Q
2	Lauren Ives, 11, Elk River	16.56q
3	Nylaam Jok, 8, Osseo	16.78
4	Jewel Tarwai, 8, Champlin Park	17.88
5	Issabella Stirzl, 10, Andover	20.40
6	Sarah Martin, 9, SpringLkPk/St Anthony	20.98
	Amira Lateef, 12, Totino-Grace	DNC

Round 1, Heat 2

1	Kalley Harris, 12, Coon Rapids	16.17Q
2	Melissa Demirovich, 10, Blaine	16.82
3	Rachel Studer, 12, Maple Grove	17.36
4	Christina Babaya, 9, Elk River	17.71
5	Rachel Engebretson, 11, Centennial	18.47
6	Isabella Ashburn, 10, Champlin Park	18.57
7	Bernice Barlue, 8, Osseo	19.35

Round 1, Heat 3

1	Gabrielle Bodin, 9, Osseo	16.28Q
2	Angel Fredin, 10, Elk River	17.10
3	Mia Troska, 9, Centennial	17.37
4	Eryn Hauch, 12, Maple Grove	18.05
5	Mary Pelkola, 10, Anoka	18.40
6	Jessica Tupy, 10, Robbinsdale Armstrong	19.55
7	Harmony Harrison, 8, Park Center	20.78

Round 1, Heat 4

1	Michaela Baker, 12, Robbinsdale Armstrong	15.72Q
2	Emily Olson, 12, Champlin Park	16.93
3	Teirra Greene, 10, Anoka	17.75
4	Mckenzie Williams, 9, Blaine	17.81
5	Amayiya Armstrong, 9, Coon Rapids	18.64
6	Meghan Smude, 10, Centennial	19.32

Round 1, Heat 5

1	Heather Ryan, 10, Maple Grove	15.86Q
2	Samantha Jacobson, 12, Blaine	16.32q
3	Chloe Johansen, 12, Robbinsdale Armstrong	17.24
4	Nicole Walczynski, 10, Andover	17.90
5	Grace Baker, 12, Totino-Grace	18.10
6	Kim Huynh, 11, Park Center	19.02
7	Hailey Carter, 11, Irondale	19.22

Round 1, Heat 6

1	Erin Becker, 11, Andover	16.86Q
2	Grace Henneman, 9, Coon Rapids	17.05
3	Anna Bieurance, 11, Totino-Grace	17.77
4	Lauren Bastian, 10, Anoka	18.05
5	Abuline Fofanah, 10, Park Center	18.48
6	Jose Jensen, 11, SpringLkPk/St Anthony	18.49

7	Hawah Sirleaf, 9, Irondale	21.43
Final		
1	Julia Hayes, 11, Irondale	15.01
2	Michaela Baker, 12, Robbinsdale Armstrong	15.19
3	Kalley Harris, 12, Coon Rapids	15.56
4	Heather Ryan, 10, Maple Grove	15.67
5	Samantha Jacobson, 12, Blaine	16.04
6	Gabrielle Bodin, 9, Osseo	16.21
7	Erin Becker, 11, Andover	16.24
8	Lauren Ives, 11, Elk River	16.50
300 Meter Hurdles		
Round 1, Heat 1		
1	Kalley Harris, 12, Coon Rapids	45.14Q
2	Mckenzie Williams, 9, Blaine	49.81
3	Jordan Hund, 8, Elk River	50.58
4	Jose Jensen, 11, SpringLkPk/St Anthony	51.01
5	Nicole Walczynski, 10, Andover	52.43
6	Chloe Johansen, 12, Robbinsdale Armstrong	53.89
Round 1, Heat 2		
1	Julia Hayes, 11, Irondale	45.77Q
2	Lauren Cina, 10, Centennial	49.60
3	Melissa Demirovich, 10, Blaine	51.76
4	Annie Sheedlo, 12, SpringLkPk/St Anthony	52.83
5	Arianna Burmaster, 10, Robbinsdale Armstrong	53.17
6	Jasmine Osuji, 10, Champlin Park	53.90
7	Daija Hobin, 11, Park Center	62.02
Round 1, Heat 3		
1	Kelsie Sealock, 10, Osseo	47.78Q
2	Emily Olson, 12, Champlin Park	49.50
3	Haddy Bayo, 11, Coon Rapids	50.21
4	Teirra Greene, 10, Anoka	51.54
5	Abuline Fofanah, 10, Park Center	53.28
6	Boatema Agyeman-Mensah, 9, Centennial	54.08
7	Amanda Rodgers, 9, Irondale	67.70
Round 1, Heat 4		
1	Rachel Studer, 12, Maple Grove	47.59Q
2	Lauren Ives, 11, Elk River	48.65q
3	Grace Henneman, 9, Coon Rapids	50.73
4	Mia Troska, 9, Centennial	52.91
5	Hailey Carter, 11, Irondale	55.02
6	Sarah Martin, 9, SpringLkPk/St Anthony	56.84
	Grace Baker, 12, Totino-Grace	DNC
Round 1, Heat 5		
1	Heather Ryan, 10, Maple Grove	48.09Q
2	Claire Beckman, 8, Andover	50.81
3	Anna Bieurance, 11, Totino-Grace	51.41
4	Lexa Bleeker, 10, Osseo	52.22
5	Isabella Ashburn, 10, Champlin Park	52.53
6	Lauren Bastian, 10, Anoka	53.08
7	Kim Huynh, 11, Park Center	58.28
Round 1, Heat 6		
1	Angel Fredin, 10, Elk River	47.09Q
2	Erin Becker, 11, Andover	48.37q
3	Eryn Hauch, 12, Maple Grove	51.17
4	McKenna Miller, 10, Blaine	52.79
5	Nylaam Jok, 8, Osseo	53.43
6	Mary Pelkola, 10, Anoka	54.63
	Jessica Tupy, 10, Robbinsdale Armstrong	DNC
Final		
1	Kalley Harris, 12, Coon Rapids	44.70
2	Julia Hayes, 11, Irondale	45.36
3	Angel Fredin, 10, Elk River	45.71

4	Kelsie Sealock, 10, Osseo	46.36	
5	Rachel Studer, 12, Maple Grove	47.04	
6	Erin Becker, 11, Andover	48.17	
7	Heather Ryan, 10, Maple Grove	49.05	
8	Lauren Ives, 11, Elk River	49.60	
4x100 Meter Relay			
1	Elk River	49.68	H2
2	Blaine	49.73	H2
3	Osseo	50.19	H2
4	Robbinsdale Armstrong	50.60	H2
5	Maple Grove	51.31	H2
6	Centennial	51.50	H2
7	Champlin Park	52.19	H1
8	Andover	52.335	H2
9	Park Center	52.337	H1
10	SpringLkPk/St Anthony	52.92	H1
11	Irondale	53.00	H1
12	Totino-Grace	53.01	H1
13	Coon Rapids	53.55	H1
14	Anoka	54.05	H2
4x200 Meter Relay			
1	Champlin Park	1:45.06	H2
2	Elk River	1:45.56	H2
3	Blaine	1:46.25	H2
4	Park Center	1:46.73	H2
5	Osseo	1:47.54	H2
6	Irondale	1:48.02	H2
7	Robbinsdale Armstrong	1:48.90	H1
8	Centennial	1:49.59	H2
9	SpringLkPk/St Anthony	1:50.99	H1
10	Maple Grove	1:51.14	H1
11	Anoka	1:51.20	H1
12	Andover	1:51.71	H2
13	Coon Rapids	1:54.59	H1
14	Totino-Grace	2:03.93	H1
4x400 Meter Relay			
1	Anoka	4:01.72	H2
2	Centennial	4:06.46	H2
3	Maple Grove	4:07.63	H2
4	Elk River	4:09.43	H2
5	Park Center	4:11.38	H1
6	Andover	4:14.02	H2
7	Blaine	4:14.48	H1
8	Robbinsdale Armstrong	4:15.03	H2
9	SpringLkPk/St Anthony	4:15.83	H1
10	Champlin Park	4:20.72	H1
11	Irondale	4:24.26	H2
12	Osseo	4:25.48	H2
	Coon Rapids		DQ H1
4x800 Meter Relay			
1	Anoka	9:36.34	
2	Blaine	9:54.29	
3	Irondale	10:03.76	
4	Osseo	10:08.08	
5	Elk River	10:08.13	
6	Coon Rapids	10:15.61	
7	Centennial	10:20.15	
8	Andover	10:22.18	
9	Champlin Park	10:27.24	

10 SpringLkPk/St Anthony	10:45.91
11 Maple Grove	10:56.02
12 Park Center	11:13.60
13 Robbinsdale Armstrong	12:23.73

Long Jump

Round 1, Flight 1

1 Allison Gerads, 12, Champlin Park	18-5 1/2q
2 Michaela Baker, 12, Robbinsdale Armstrong	17-8 1/2q
3 Nathalie Doeur, 12, SpringLkPk/St Anthony	16-7 1/2q
4 Kalaina Verdict, 12, Coon Rapids	16-7 1/4q
5 Carissa Ellison, 12, Anoka	16-6q
6 Michelle Meyer, 12, Irondale	16-5 1/4q
7 Aidan Senior, 10, Anoka	16-4 1/2q
8 Gabrielle Bodin, 9, Osseo	16-0 1/2q
9 Alexi Stephani, 9, SpringLkPk/St Anthony	16-0 1/2q
10 Katherine Buhl, 10, Elk River	15-10 1/4
11 Monique Kai, 11, Andover	15-10 1/4
12 Emily Olson, 12, Champlin Park	15-10
13 Megan Zurbay, 12, Totino-Grace	15-9 3/4
14 Theresa Grace Mbanefo, 11, Blaine	15-9 1/4
15 Jordyn Kendrick, 9, Blaine	15-9
16 Jena Forseth, 11, Totino-Grace	15-8 3/4
17 Julia Kramer, 10, Elk River	15-6
18 Tori LaBerge, 7, SpringLkPk/St Anthony	15-6
19 Jacqueline Folz, 10, Blaine	15-5 3/4
20 Julia Rowles, 10, Robbinsdale Armstrong	15-5 3/4
21 Nylaam Jok, 8, Osseo	15-5
22 Michaela Hobin, 10, Park Center	15-2 3/4
23 Araceli Engel, 9, Irondale	14-11 3/4
24 Ellen-George Jackson, 11, Maple Grove	14-11 3/4
25 Madison Dorn, 11, Centennial	14-10 1/2
26 Madison Gustafson, 10, Andover	14-9 1/4
27 Alexie Pyrd, 10, Maple Grove	14-8
28 Lauren Springer, 12, Anoka	14-7
29 Adaeze Udalla, 8, Elk River	14-6 1/2
30 Lexa Bleeker, 10, Osseo	14-5 1/2
31 Nicole Clark, 12, Centennial	14-3 1/2
32 Rachael Ukestad, 9, Robbinsdale Armstrong	14-3 1/4
33 Masue Kamara, 10, Maple Grove	13-11
34 Amaiya Armstrong, 9, Coon Rapids	13-10 1/2
35 Sydney Farber, 9, Andover	13-10 1/2
36 Chloe Cink, 8, Park Center	13-7 3/4
37 Sydney Paine, 10, Champlin Park	13-2
38 Savanna Driskell, 10, Centennial	13-1 1/4
39 Iva Hammitt-Kess, 9, Irondale	12-8 1/2
40 Rah'quel Smith, 10, Coon Rapids	10-11 3/4
Jamirah Powell, 11, Park Center	ND

Final

1 Allison Gerads, 12, Champlin Park	18-5 1/2
2 Michaela Baker, 12, Robbinsdale Armstrong	17-8 1/2
3 Michelle Meyer, 12, Irondale	17-3
4 Nathalie Doeur, 12, SpringLkPk/St Anthony	17-1
5 Kalaina Verdict, 12, Coon Rapids	16-10
6 Carissa Ellison, 12, Anoka	16-6
7 Aidan Senior, 10, Anoka	16-4 1/2
8 Gabrielle Bodin, 9, Osseo	16-0 1/2
9 Alexi Stephani, 9, SpringLkPk/St Anthony	16-0 1/2

Triple Jump

Round 1, Flight 1

1 Michaela Baker, 12, Robbinsdale Armstrong	37-7 3/4q
2 Allison Gerads, 12, Champlin Park	36-2 1/2q

3 Katherine Buhl, 10, Elk River	35-1 3/4q
4 Theresa Grace Mbanefo, 11, Blaine	34-9q
5 Megan Zurbay, 12, Totino-Grace	33-8 3/4q
6 Tori LaBerge, 7, SpringLkPk/St Anthony	33-7 3/4q
7 Alaina Schoenfelder, 9, Elk River	33-3 1/2q
8 Michaela Hobin, 10, Park Center	32-11 3/4q
9 Kalaina Verdict, 12, Coon Rapids	32-9 1/2q
10 Araceli Engel, 9, Irondale	32-7 3/4
11 Julia Rowles, 10, Robbinsdale Armstrong	32-6 1/4
12 Sidney Wallraff, 10, SpringLkPk/St Anthony	32-5
13 Gabrielle Bodin, 9, Osseo	32-2 1/2
14 Lindsey Winter, 11, Robbinsdale Armstrong	31-11 1/2
15 Hannah Tuomela, 11, Anoka	31-8
16 Emily Fleek, 12, Blaine	31-7 3/4
17 Robbinsdale Armstrong, Robbinsdale Armstrong	31-4
18 Courtney Killian, 10, Coon Rapids	31-3 3/4
19 Makayla Krohnberg, 10, Blaine	31-3 1/2
20 Hajaysen Kwateh, 10, Osseo	31-3
21 Madison Dorn, 11, Centennial	31-2 3/4
22 Bryana Leverentz, 11, Andover	31-2 3/4
23 Kaylee Fisher, 9, Park Center	31-2 1/2
24 Iva Hammitt-Kess, 9, Irondale	31-2
25 Madison Sieben, 10, Anoka	30-11
26 Alexie Pyrd, 10, Maple Grove	30-7 1/2
27 Hannah Wachtler, 10, Anoka	30-7 1/4
28 Madison Gustafson, 10, Andover	30-5
29 Sydney Paine, 10, Champlin Park	30-0
30 Sydney Farber, 9, Andover	29-11
31 Jordan Walker, 11, SpringLkPk/St Anthony	29-9 1/2
32 Julia Kramer, 10, Elk River	29-5 1/4
33 Savannah Juetten, 12, Park Center	29-4
34 Megan Ellingson, 8, Irondale	28-4 3/4
35 Kayln Sheak-Blair, 12, Centennial	28-3 1/4
36 Alexandra Cieseilski, 9, Maple Grove	27-8 3/4
37 Jaiden Linnell, 9, Maple Grove	27-8 1/2
38 Brittney White, 10, Coon Rapids	27-5 1/4
39 Avery Donovan, 9, Champlin Park	26-4
Final	
1 Michaela Baker, 12, Robbinsdale Armstrong	38-1
2 Allison Gerads, 12, Champlin Park	36-2 1/2
3 Katherine Buhl, 10, Elk River	35-1 3/4
4 Theresa Grace Mbanefo, 11, Blaine	34-9
5 Megan Zurbay, 12, Totino-Grace	33-11
6 Tori LaBerge, 7, SpringLkPk/St Anthony	33-7 3/4
7 Alaina Schoenfelder, 9, Elk River	33-4 3/4
8 Michaela Hobin, 10, Park Center	32-11 3/4
9 Kalaina Verdict, 12, Coon Rapids	32-9 1/2
Shot Put	
Round 1, Flight 1	
31 Callie Kitoski, 12, Champlin Park	27-3
32 Emily Elias, 11, Maple Grove	27-2
34 Amanda Engeman, 11, Park Center	26-8 3/4
35 Kaylee Hanson, 11, Robbinsdale Armstrong	24-3
36 Anna Badger, 12, Maple Grove	24-2 1/4
37 Olivia Loveless, 10, Maple Grove	23-7 1/2
38 Anna Schroeder, 11, Irondale	23-5 1/4
39 Kailee Medved, 12, Totino-Grace	22-9
Round 1, Flight 2	
19 Naomi Perry, 11, Osseo	31-9 3/4
23 Oluwasetitun Amusan, 11, Park Center	30-7 3/4
25 Mallory Alinder, 10, Blaine	30-0
27 Sophia Baker, 10, Totino-Grace	29-3 1/2

28 Faith Olagbaju, 11, Champlin Park	28-11
29 Sarah Andrews, 11, SpringLkPk/St Anthony	28-5 1/2
33 Lillian France, 10, Irondale	26-10 3/4
Round 1, Flight 3	
16 Olivia Kramer, 8, Elk River	32-4 3/4
18 Destiny Cummings, 11, Andover	32-2
20 Alyssa Schlagen, 10, Blaine	31-6 3/4
21 Destiny Truly, 11, Park Center	30-11 3/4
22 Megan Andrews, 9, SpringLkPk/St Anthony	30-10 3/4
24 Skye Juneau, 12, Coon Rapids	30-6 3/4
26 Paige Kringle, 11, Andover	29-8 1/2
30 Audrey Hopwood, 12, Champlin Park	28-3 1/2
Round 1, Flight 4	
5 Kaley Waldemar, 10, Irondale	35-7 1/2q
7 Sydney Schuster, 11, Elk River	34-4 3/4q
9 Brianna Cummings, 10, Andover	34-1 1/2q
10 Terra Lieser, 11, Anoka	33-11
11 Victoria Make, 11, Coon Rapids	33-10 1/4
12 Elizabeth Biggins, 10, Coon Rapids	33-2 1/4
17 Claire Olson, 12, Centennial	32-3
Round 1, Flight 5	
1 Alexandra Hurst, 12, Robbinsdale Armstrong	44-9 3/4q
2 Sidney Wentland, 12, Elk River	40-10 3/4q
3 Ashmera Patterson, 12, Robbinsdale Armstrong	39-4 1/4q
4 Haley McCauley, 11, Anoka	37-4 1/4q
6 Marvellous Ngongang, 12, Centennial	35-4 1/4q
8 Olivia Anizor, 12, Centennial	34-4 1/2q
13 Jackie Krieger, 10, SpringLkPk/St Anthony	33-1 3/4
14 Nyjah Willis, 12, Blaine	32-11
15 Taylor Thoennes, 11, Anoka	32-5 1/2
Final	
1 Alexandra Hurst, 12, Robbinsdale Armstrong	46-3 3/4
2 Sidney Wentland, 12, Elk River	40-10 3/4
3 Ashmera Patterson, 12, Robbinsdale Armstrong	39-4 1/4
4 Haley McCauley, 11, Anoka	37-4 1/4
5 Olivia Anizor, 12, Centennial	36-9 3/4
6 Kaley Waldemar, 10, Irondale	35-7 1/2
7 Marvellous Ngongang, 12, Centennial	35-4 1/4
8 Sydney Schuster, 11, Elk River	34-4 3/4
9 Brianna Cummings, 10, Andover	34-1 1/2
Discus Throw	
Round 1, Flight 1	
24 Chelsea Sarpong, 11, Champlin Park	85-8
30 Kaylee Struss, 11, SpringLkPk/St Anthony	80-1
31 Kaylee Hanson, 11, Robbinsdale Armstrong	79-0
32 Anna Schroeder, 11, Irondale	76-10
35 Destiny Cummings, 11, Andover	72-6
36 Gabriella Dimatteo, 11, Park Center	65-8
37 Oluwasetitun Amusan, 11, Park Center	61-8
38 Anna Badger, 12, Maple Grove	53-5
Round 1, Flight 2	
20 Lillian France, 10, Irondale	89-7
22 Naomi Perry, 11, Osseo	86-5
26 Faith Olagbaju, 11, Champlin Park	85-3
27 Paige Kringle, 11, Andover	81-8
28 Taylor Thoennes, 11, Anoka	81-4
33 Margaret Peterson, 9, Maple Grove	76-8
34 Aeris Ewing, 10, SpringLkPk/St Anthony	76-5
Round 1, Flight 3	
10 Mallory Alinder, 10, Blaine	105-9
13 Willimae Cooper, 11, Coon Rapids	97-0
14 Olufunke Gbadamosi, 11, Coon Rapids	96-6

17	Haley McCauley, 11, Anoka	90-2
21	Brianna Cummings, 10, Andover	86-8
23	Victoria Make, 11, Coon Rapids	85-9
29	Emily Elias, 11, Maple Grove	80-5
Round 1, Flight 4		
3	Marvellous Ngongang, 12, Centennial	116-9q
4	Jackie Krieger, 10, SpringLkPk/St Anthony	114-1q
6	Sarah Corbett, 10, Blaine	110-4q
8	Sophia Baker, 10, Totino-Grace	107-7q
16	Miranda Rierison, 10, Elk River	95-4
18	Terra Lieser, 11, Anoka	90-0
19	Clarissa Hilary, 9, Elk River	89-9
25	Destiny Truly, 11, Park Center	85-7
Round 1, Flight 5		
1	Alexandrea Hurst, 12, Robbinsdale Armstrong	134-2q
2	Sidney Wentland, 12, Elk River	121-11q
5	Kaley Waldemar, 10, Irondale	111-1q
7	Claire Olson, 12, Centennial	108-2q
9	Olivia Anizor, 12, Centennial	105-10q
11	Ashmera Patterson, 12, Robbinsdale Armstrong	104-5
12	Audrey Hopwood, 12, Champlin Park	100-9
15	Nyjah Willis, 12, Blaine	96-4
Final		
1	Alexandrea Hurst, 12, Robbinsdale Armstrong	134-2
2	Marvellous Ngongang, 12, Centennial	122-11
3	Sidney Wentland, 12, Elk River	122-4
4	Claire Olson, 12, Centennial	116-8
5	Jackie Krieger, 10, SpringLkPk/St Anthony	115-5
6	Kaley Waldemar, 10, Irondale	113-2
7	Sarah Corbett, 10, Blaine	110-4
8	Sophia Baker, 10, Totino-Grace	109-0
9	Olivia Anizor, 12, Centennial	105-10
High Jump		
1	Nylaam Jok, 8, Osseo	5-4
2	Madison Schmidt, 9, Blaine	5-4
3	Brielle Clarke, 11, Coon Rapids	5-2
4	Theresa Grace Mbanefo, 11, Blaine	5-2
5	Elenear Paaverud, 11, SpringLkPk/St Anthony	5-0
5	Alaina Schoenfelder, 9, Elk River	5-0
5	Tasha Beyioku-Alase, 8, Champlin Park	5-0
8	Madelyn Clausen, 12, Park Center	5-0
9	Ava Grimm, 10, Elk River	5-0
9	Karissa Thoreson, 10, Andover	5-0
11	Arianna Burmaster, 10, Robbinsdale Armstrong	5-0
12	Gabrielle Bodin, 9, Osseo	5-0
13	Caitlin Pritchett, 11, Andover	4-10
13	Johanna Langbehn, 8, Elk River	4-10
15	Hannah Tuomela, 11, Anoka	4-10
15	Jena Forseth, 11, Totino-Grace	4-10
17	Julia Rowles, 10, Robbinsdale Armstrong	4-10
18	Kyla Aamodt, 12, Blaine	4-10
19	Alexie Pyrd, 10, Maple Grove	4-8
20	Grace Zinda, 10, Andover	4-8
20	Lauren Clark, 10, Robbinsdale Armstrong	4-8
22	Courtney Killian, 10, Coon Rapids	4-8
23	Mia Troska, 9, Centennial	4-6
23	Teirra Greene, 10, Anoka	4-6
23	Elise Adix, 9, Maple Grove	4-6
26	Kaley Waldemar, 10, Irondale	4-6
27	Catherine Flynn, 10, Centennial	4-6
28	Mara Boehler, 10, Anoka	4-6
29	Dejah Jenkins, 10, Champlin Park	4-4

30 Makala Hayes, 12, Park Center	4-4
30 Hope Northagen, 10, Maple Grove	4-4
30 Sydney Frederick, 11, Park Center	4-4
33 Annie Sheedlo, 12, SpringLkPk/St Anthony	4-4
34 Melissa Jarmoluk, 9, Irondale	4-2
35 Blessed Thomas, 9, Champlin Park	4-2
Jocelyn Ingvaldson, 8, Coon Rapids	NH

Pole Vault

1 Kalaina Verdict, 12, Coon Rapids	9-10
2 Charis Lawson, 8, SpringLkPk/St Anthony	9-7
3 Samantha Dahl, 11, Osseo	9-1
3 Rae Johannessen, 12, SpringLkPk/St Anthony	9-1
5 Nathalie Doeur, 12, SpringLkPk/St Anthony	9-1
6 Andie Takkunen, 11, Anoka	9-1
7 Hannah Wiste, 11, Irondale	8-7
7 Greta Schnur, 11, Blaine	8-7
7 Madison Sieben, 10, Anoka	8-7
7 Mia Sabin, 10, Anoka	8-7
11 Camika Hurdle, 11, Coon Rapids	8-7
12 Galadriel O'Grady, 12, Coon Rapids	7-7
12 Annika Daley, 9, Blaine	7-7
12 Lisa Pahr, 12, Andover	7-7
12 Lainey Isaacson, 9, Andover	7-7
12 Jacqueline Pfautz, 10, Andover	7-7
12 Clarissa Hilary, 9, Elk River	7-7
12 Kaylee Omland, 12, Osseo	7-7
12 Hannah Kil, 12, Park Center	7-7
12 Madelyn Clausen, 12, Park Center	7-7
12 Mikayla Kanenwisher, 9, Elk River	7-7
12 Brenna Scott, 11, Irondale	7-7
23 Whitney Onyanha, 11, Irondale	7-7
23 Madelyn Christian, 7, Elk River	7-7
25 Jaida Weige, 10, Blaine	7-7
25 Grace Lokken, 11, Maple Grove	7-7
27 Hannah Farrell, 11, Park Center	7-7
28 Robbinsdale Armstrong, Robbinsdale Armstrong	6-7
28 Grace Collier, 9, Maple Grove	6-7
28 Lily Hamel, 12, Osseo	6-7
Madison Dorn, 11, Centennial	NH